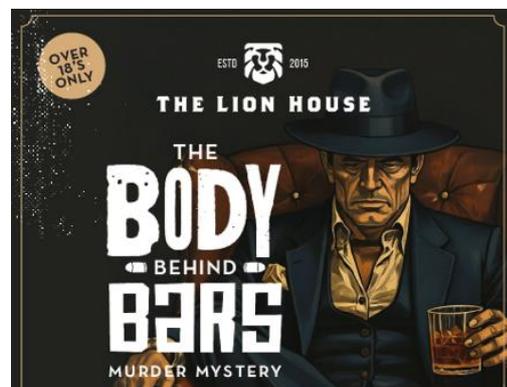


# THE BODY BEHIND BARS

## FRIDAY 17<sup>TH</sup> APRIL 2026

£54.95



### To Start:

**Roasted tomato, red pepper and smoked paprika soup:** crusty bread  
(VG) (DF) (GF on request)

**PRE-ORDER  
ABBREVIATION  
SOUP**

**Mini salmon fishcakes:** smooth tartare sauce, peashoot salad (DF)

**FISHCAKES**

**Pressed ham hock terrine:** minted pea puree, sourdough 'soldiers' (DF)  
(GF on request)

**TERRINE**

### Main Course:

**Bone in lamb loin:** minted rosemary jus (GF) (DF)

**LAMB**

**Corn fed chicken breast:** tarragon Madeira jus, crispy sage (GF) (DF)

**CHICKEN**

**Smoked haddock & leek filo tart:** parsley sauce

**HADDOCK**

**Pea, asparagus and lemon risotto:** crispy chickpeas (VG) (GF) (DF)

**RISOTTO**

**All served with parmentier potatoes & seasonal mixed vegetables**

### Dessert:

**Mini espresso panna cotta:** chocolate soil (GF on request)

**PANNA COTTA**

**Mini white chocolate passionfruit cheesecake:** biscuit crumb (GF on request)

**CHEESECAKE**

**Mini Vegan coconut lime mousse:** toasted desiccated coconut (VG) (DF)  
(GF)

**VEGAN  
MOUSSE**

**Duet of cheese:** Black Bomber Cheddar & Cashel Blue Stilton,  
homemade chutney, Carrs water biscuits (GF on request)

**CHEESE**

**Filter Tea or Coffee**